Nutrikids

Taste Challenge 1

Over the next 7 days, try as many of these vegetables and fruits you that you can and tick the boxes.

	Really like	Like	Not sure yet	
Apple				
Dates				
Melon				
Strawberries				
Bok choi				
Avocado				AB
Green Beans				
Mange Tout				
Green Cabbac	ge 📗			
Red onion				
www.nutrikids.co				